

Covid Update

Current variants of COVID-19 in U.S.

From cdc.gov

Currently there are five notable variants in the United States:

B.1.1.7: This variant was first detected in the United States in December 2020. It was initially detected in the United Kingdom.

B.1.351: This variant was first detected in the United States at

the end of January 2021. It was initially detected in South Africa in December 2020.

P.1: This variant was first detected in the United States in January 2021. P.1 was initially identified in travelers from Brazil.

B.1.427 and B.1.429: These two variants were first identified in California in February 2021.

If you don't plan to be vaccinated

Experts say unvaccinated people should continue to wear masks and practice physical distancing at indoor events and in other situations.

The experts note that the United States isn't near herd immunity for COVID-19, so unvaccinated people need to be cautious.

People who aren't vaccinated can contract the coronavirus more easily and spread it to others.

We're getting back to normal

From cdc.gov

COVID-19 vaccines are effective at protecting you from getting sick. Based on what they know about the vaccines, people who have been fully vaccinated can start to do some things that they had stopped doing because of the pandemic, and it will feel like life is getting back to normal.

These recommendations can help you make decisions about daily activities after you are fully vaccinated. They are not intended for healthcare settings.

If you've been fully vaccinated:

- You can resume activities that you did prior to the pandemic.
- You can resume activities without wearing a mask or staying 6 feet apart, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.

If you travel in the United States, you do not need to get tested before or after travel or self-quarantine after travel.

You need to pay close attention to the situation at your international destination before traveling outside the United States.

You do NOT need to get tested before leaving the United States unless your destination requires it.

You still need to show a negative test result or documentation of recovery from COVID-19 before boarding an international flight to the United States.

You should still get tested 3-5 days after international travel.

You do NOT need to self-quarantine after arriving in the United States.

Can you get Covid after being fully vaccinated?

Yes. COVID-19 vaccines work by teaching your immune system how to recognize and fight the virus that causes COVID-19, and this protects you from getting sick.

So you are at a much lower risk of getting COVID-19 if you are vaccinated. But if you do get the virus after being vaccinated, the effects will be less severe, or even none.

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